



PADDLING FOR PRIDE
CHARITY DRAGON BOAT
RACE HAS BIGGEST
YEAR EVER {page 3}

**NEW TWIST ON
CHINESE CLASSIC**
LETTUCE-WRAPPED
MU SHU TURKEY {page 16}



BEST BF
ON STAGE AT
THE MMVA'S
SCENE {page 11}



OTTAWA

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Monday, June 20, 2011
www.metronews.ca



News worth sharing.

Building Roger's house

► Two thousand donors raise \$192,000 for palliative-care facility founded in memory of former Ottawa Senators assistant coach Roger Neilsen

Hundreds of moms, dads and kids laced up yesterday for the 8th annual Walk, Roll, and Run for Roger's House — CHEO's pediatric respite and palliative-care facility.

For some, the non-competitive fundraising race was about loved ones who couldn't be there.

Jennifer Gilhuis crossed the finish line on her rollerblades with her two kids, Rachel and Matthew, in a stroller. Gilhuis participated in the event for the first time this year in memory of her daughter, Sarah, who passed away in February after living with Sanfilippo syndrome.

"It's difficult. Every day, it sinks in a little more. I'm relieved she's not in any more pain," said Gilhuis.

Rachel, 3, and Matthew, 2, who also suffer from the syndrome, were among the 10 kids on the Roger's Dream Team who receive care at Roger's House.

Al Roberts, director of fundraising at the Ottawa Senators Foundation, which runs the race, said the event went well and the community is always there to help.

"We had more participants than we've ever had before and the money has been phenomenal," said Roberts.

● JOE LOFARO



JOE LOFARO/METRO

Canadian Forces

Reaching the peak

► Calgary man who lost his legs below the knee in Afghanistan will climb Kilimanjaro using prosthetics ► Will be joined by peers to raise money for orthopedic surgery {page 4}

Act your age

At 79, Betty Ford is one of the top sales people at her office {page 18}



RIM falling behind?

Analysts question whether BlackBerry maker can keep up with Apple, Google {page 8}

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Running in support of missing girls

While Ottawa residents were running to raise money yesterday for cancer research and a palliative-care facility, residents of Kitigan Zibi reserve just outside Maniwaki, Que., ran a race of their own in the hopes of raising money to find two missing girls.

"We wanted to keep the media's attention on the case," said Maria Jacko,

aunt of Maisy Odjick, who went missing in September 2008 with her friend Shannon Alexander. Both girls were 16 at the time. "I feel like we've exhausted all our resources."

About 90 people participated in a 10-kilometre and five-kilometre race in support of the cause.

Three searches in the community turned up

nothing, Jacko said, and police have been unable to tell the family anything new. The families and their supporters have formed a committee and launched a website (findmaisandshannon.com) but so far there have been no new leads.

"The very hardest part is not knowing what happened to them," said Jacko.

SEAN MCKIBBON

Runners race in a fundraising event in support of a fund to help find missing Kitigan Zibi teens Maisy Odjick and Shannon Alexander.



KARYN PUGLIESE/FOR METRO

Fundraisers Do It For Dad!

► Top individual John Bassi raises \$29,500 in donations for cancer research and treatment



SEAN MCKIBBON
@METRONEWS.CA

Zephyr Regnier didn't believe it when he was diagnosed with prostate cancer four years ago.

"I had no symptoms. I felt fine," said the Orleans grandfather who joined his family yesterday for an early Father's Day stroll at the Alterna Do It For Dad! Run and Family Walk to help raise money for research and treatment of men's cancers.

Regnier and his family were far from alone. More than 2,100 sports enthusiasts gathered at Carleton University's Anniversary Park to take part in the 13th annual fundraiser, which raised a record \$527,902 for the Ottawa Regional Cancer Foundation.

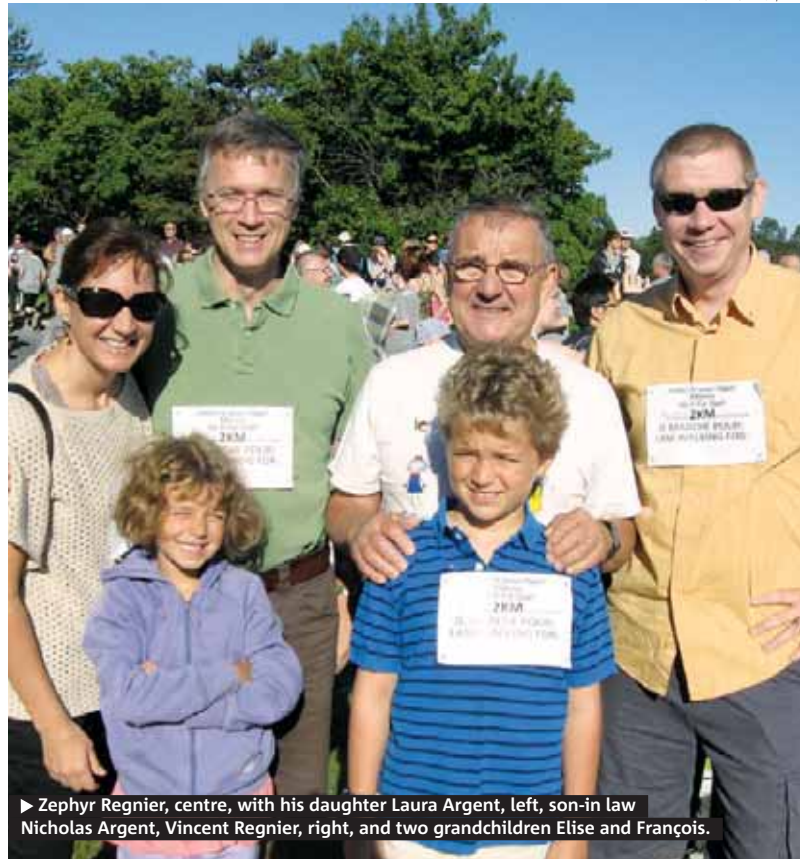
Regnier said he was lucky as doctors caught the cancer early with a PSA

"Our community has rallied around this event. We are thrilled that 100 per cent of what our participants have raised will remain in our community — to help local cancer patients"

LINDA EAGEN, PRESIDENT & CEO
OF THE OTTAWA REGIONAL
CANCER FOUNDATION

test. He credited otherwise good health and a good surgeon with a positive outcome and no side effects from the surgery.

Organizers of the event said a portion of the funds raised would go to purchase a da Vinci Surgical System at the Ottawa Hospital. The robotic surgical device allows for quicker recoveries and less invasive surgeries.



► Zephyr Regnier, centre, with his daughter Laura Argent, left, son-in law Nicholas Argent, Vincent Regnier, right, and two grandchildren Elise and François.

SEAN MCKIBBON/METRO

Dragon boat festival races for charity

A golden sun blazed over cool blue water on the final day of North America's largest dragon boat festival yesterday, as hoards of paddlers dug at the water, racing their crafts up and down the Rideau River.

"We had our highest registration ever," said festival spokesperson Meaghan Davis. "With 194 teams,

20 A dragon boat has 20 people to paddle, someone to steer and someone to drum or "call."

that's well over 5,000 paddlers participating."

Teams came from as far away as Philadelphia, Montreal and Toronto. Although a final tally wasn't avail-

able, Davis said the charitable event, which raises money for a variety of causes, had gathered at least \$305,000 in donations this year.

The weekend-long event drew throngs of spectators and hosted musical performances by such artists as the Stanfields, The Trews and Steven Page. METRO



► Dragon boat teams strain to be first across the finish line.

SEAN MCKIBBON/METRO

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news


An anti-circumcision comic book hero raises hackles in California. Scan code for story.

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RECORD BREAKING

Man, son pull two trucks

A Cobourg, Ont., strongman has pulled off another world record, but this time he had a little help from his son.

Reverend Kevin Fast and his 18-year-old son Jacob set the Guinness World Record for heaviest vehicle pulled by two people on Saturday.

They pulled two fire trucks 30 metres down Queen Street in Cobourg in 38 seconds as hundreds of people cheered.

The trucks together weighed more than 72 tonnes. For an encore, the reverend lifted 20 people on a platform on his back at the pier.

The event was a fundraiser for Habitat for Humanity, a cause Fast became involved in last September when he pulled a house 11.95 metres.

THE CANADIAN PRESS

Female suicide up in army

Groundbreaking research by the Canadian Forces, Statistics Canada and Veterans Affairs has shown an increase in the number of suicides deaths in female service members between the ages of 40 and 44.

Researchers can't explain the increase, but say it involves a small number of women over a 35-year peri-

od. There were 37 suicides for women in all age groups who were serving or released from the military.

Pyschiatrist Dr. Rakesh Jetly, advisor to the military on mental health issues, said there may be an elevated rate because programs weren't in place to help them transition to the civilian world. THE CANADIAN PRESS

Our troops hand over reins

MURRAY BREWSTER/THE CANADIAN PRESS



► Pte. Danny Drapeau, of Alpha Company 1st Battalion Royal 22e Regiment, waits to lower the Canadian flag for the last time at Forward Operating Base Zangabad yesterday.

► Signs of 'more determined foreign fighters' as U.S. takes over

The road to Zangabad is lined with graves and for years was littered with mines, but for Canadian troops it is memory lane.

The place they fought over so many years was quietly handed over to the Americans yesterday as their withdrawal from Kandahar hit full stride.

Alpha Company 1st Battalion Royal 22e Regiment, which rolled into the notorious Taliban redoubt as part of NATO's major offensive last fall, pulled back to Kandahar Airfield.

"Au revoir, Zangabad," the radio crackled as the last Canadian light armoured vehicles rolled out.

"There is real a sense of accomplishment," said Maj. Pierre Leroux, the company commander.

Lt-Col Steve Miller, the commander of the Ameri-

"(The Van Doos) wanted to go out with a sense of professionalism that was truly inspiring"

LT-COL STEVE MILLER, LEADER OF 3RD BATTALION 21ST U.S. INFANTRY REGIMENT

can unit replacing them said the Van Doos kept up the tempo of patrols right to the end.

The U.S. Stryker unit knows it's taking over a tough neighbourhood, one that has been unusually quiet despite being well into the Taliban's spring-summer fighting season.

"Knowing the history of the place, I'm surprised, but who knows what will happen in three weeks," Miller said. THE CANADIAN PRESS

Wounded soldier to climb Kilimanjaro

- Calgary's Mark Fuchko lost his legs below the knee after driving over an explosive device in Afghanistan
- Using prosthetics, he and a group of peers will trek up a mountain to raise money for orthopedic surgery



JEREMY NOLA
@METRONWS.CA

Reaching Africa's highest peak is difficult enough. Doing so without use of your own legs is a challenge few would attempt.

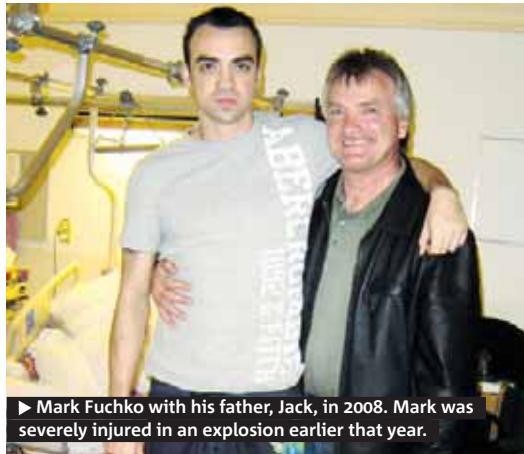
But 26-year-old Calgary soldier Mark Fuchko is used to taking adversity head on.

"He's pretty determined, slightly stubborn," chuckled his father, Jack Fuchko. "He's climbed lots of mountains. This is just another one."

Jack's comments refer to

years of difficult rehabilitation Mark has endured after suffering critical injuries on duty in Afghanistan's Kandahar province. He lost both legs in March 2008 but began walking again before the year was out.

Fuchko's focus now is on aiding others in similar situations. He and other participants on the Kilimanjaro Climb hope to raise \$575,000 to purchase a computerized navigation system for the Orthopedic Surgery Centre at Edmonton's Royal Alexandra Hospital.



► Mark Fuchko with his father, Jack, in 2008. Mark was severely injured in an explosion earlier that year.

Fuchko said he initially believed losing his legs was a "death sentence."

"There were some really hard days," he said. "You come from this high level of activity ... and then you are in a wheelchair and just going to the bathroom is a challenge."

Fuchko, who has prosthetics, credits much of his recovery to "overwhelming" support from family and fellow soldiers.

On the climb, he will be joined by three fellow Canadian Forces members. The group plans to set off Aug. 8 and climb six hours

Reach the top

► Climbers cover about 19,340 feet before reaching the summit of Mount Kilimanjaro.

► For more information on the Kilimanjaro Climb or to donate, visit kilimanjaro.royalalex.org.

a day to the summit Mount Kilimanjaro five days later.

"It's going to be a challenge for sure," Fuchko said. "I think I have got the tools and the support network to succeed."

Energy adviser hired

Canada has spent \$1 million on a special adviser on climate change and energy to lobby key players in the United States over energy and environmental issues. The job description includes promoting a made-

in-Canada technique of pumping greenhouse gas deep underground.

Marc Lepage, Canada's former consul general and top trade official in San Francisco, was picked for the job. THE CANADIAN PRESS



► Betty Fox

Hero Terry Fox's mother dies

Betty Fox, the mother of one of Canada's most beloved heroes, who nurtured Terry Fox's legacy into one of international action and inspiration in the fight against cancer, has died.

Her family said at the beginning of June that Fox was seriously ill and in a hospice, though their statement said reports she was suffering from cancer were incorrect.

On Friday morning, the

family posted a notice on the Terry Fox Foundation website saying she had died a few hours earlier.

"Betty/Mom passed away peacefully, surrounded by love," the family said. THE CANADIAN PRESS

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Cash-strapped al-Qaida funded by ransom: CIA

- Abductions more than doubled in one year
- Bin Laden eyed hostage-taking as revenue stream

Pressured by increased scrutiny of terrorist money sources and strikes aimed at its financiers, al-Qaida's core organization turned to kidnapping for ransom to offset dwindling cash reserves, U.S. officials say, based on information found in files from Osama bin Laden's compound.

Bin Laden's interest in kidnapping as a cash raiser bolsters accounts that the financial squeeze has staggered al-Qaida, forcing it to find alternative funding sources. Bin Laden was killed last month by U.S. Navy SEALs.

Figures from the National Counterterrorism Center

show that 3,366 hostages were taken in Pakistan in 2009, compared to 1,264 in 2008.

U.S. officials are trying to learn more from the recovered files about al-Qaida's money sources and the impact of bin Laden's death on the group's financial future. **THE ASSOCIATED PRESS**

Marriage. Game



► About 50 contestants race to the altar yesterday in the annual "running of the brides" in the Serbian capital of Belgrade. The women were competing for a host of prizes, including the gowns they chose to run in.

MARKO DROBNJAKOVIC/THE ASSOCIATED PRESS

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BUILDING AN ABORIGINAL DAY FOR ALL

URBAN COMPASS

STEVE COLLINS
METRO OTTAWA



Trina Mather-Simard was already having a hectic week of last-minute errands before someone rear-ended her in the Tim Hortons drive-thru Thursday.

"How's that for timing?" she laughed. "That's what you get for trying to run off to Timmys!"

Nobody was hurt, and she was soon back on the job as festival and artistic director for the Summer Solstice Aboriginal Arts Festival, held last weekend at its new home on LeBreton Flats.

The festival has moved from Victoria Island, where the Algonquin say they have been meeting for more than 5,000 years.

"Victoria Island, as significant as it is to our community and as beautiful a spot as it is, isn't very well-known in Ottawa circles," Mather-Simard said.

With the bigger, more prominent location comes expanded programming, like an international powwow competition hosted by the Grammy-nominated Northern Cree Singers.

The festival's growth also means some backup for Mather-Simard, who started six years ago as its sole dedicated staffer. Today, there are four, but the work keeps expanding.

"Let's just say my parents picked my children

up for the weekend today because I don't really make it home," she said.

Tomorrow marks National Aboriginal Day, not a red-letter day for many Canadians. Mather-Simard hopes events like hers will help change that.

"For us it's important as Aboriginal people to come together for National Aboriginal Day and celebrate, but I think it's equally important to take the opportunity to share and educate and just really expose the rest of the residents to a living, evolving aboriginal culture here in the region," she said.

Three years ago, the government apologized for the harms inflicted by residential schools, and Mather-Simard believes the moment was important not only for Aboriginal people but for all Canadians.

"I don't think a lot of Canadians, until that apology, really realized some of the things that were impacting and holding back the aboriginal community, and some of the things that they were struggling with," she said. "So I think that that acknowledgement helps other Canadians kind of understand the path that has led us here, and so everyone can move forward together."

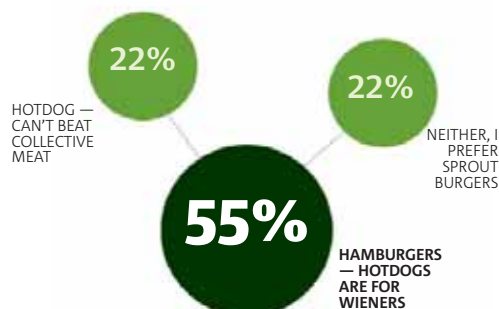
It's a long way forward, as auditor general Sheila Fraser noted in her final report of a stubborn and chronic lack of improvement on aboriginal health, education and housing.

But for now, National Aboriginal Day and the Summer Solstice Aboriginal Arts Festival are growing celebrations of Canada's first cultures, and everyone is invited.



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Do you take a hotdog or hamburger off the barbecue?



Local tweets



► @ashley
scorpio: is
@ottdragon
boat with

@joshnadolny, what a beautiful day to be outside #Ottawa #Events

► @jruston88: Beautiful day to go for run! Saw a swan in the river! #Ottawa #summer

twitpic.com/5dx430

► @Ziyada: Thinking of #teamgreggybear this morning! Run like the wind, kids! @KurtStoodley @annettegoerner @HopperJeff so proud of you!

► @tgrevalt: The pace car driver is working it at the

front, neat fishtails on the corner turning on to Preston st

► @JasonWilson14: Was planning on washing the cars but the pressure washer has gone missing in the wilson household :(#handwashwithsoapand-sponge

► @WrittenBeleife: @lifecentre just gave my family a car to remind us that even single Moms children have another daddy.

► @musiclovessusan: Fried Kool-Aid does not make sense as a drink or a trending topic ... lol

Worth mentioning

DUBAI, United Arab Emirates.

A Saudi woman defiantly drove through the nation's capital while others brazenly cruised by police patrols in the first forays of a campaign that hopes to ignite a road rebellion against the male-only driving rules in the ultraconservative kingdom.

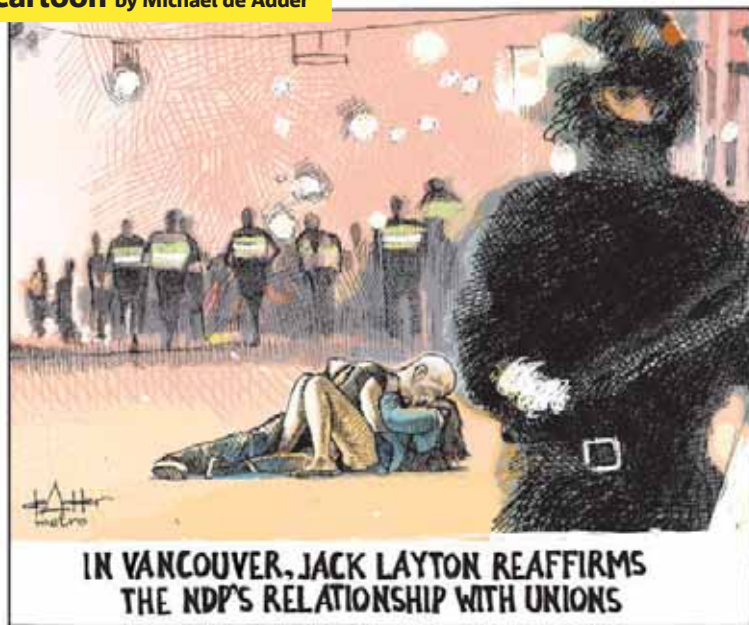
It was a rare grassroots challenge to the Western-backed Saudi monarchy as it tries to ride out the Arab world's wave of change, and a lesson in how the uprisings are taking root in different ways. In this case, the driver's seat was turned into a powerful platform for women's rights Friday in a country where women have almost no political voice.

"We've seen that change is possible," said Maha al-Qahtani. She said she drove for 45 minutes around the capital, Riyadh, with her husband in the passenger seat. "This is Saudi women saying, 'This is our time to make a change.'"

About 40 women took part in Friday's show of defiance. No arrests or violence were reported, though al-Qahtani was later ticketed for driving without a licence.

THE ASSOCIATED PRESS

Cartoon by Michael de Adder



WEIRD NEWS

Freeloaders not allowed in space

The billionaire businessman behind Virgin Galactic says William Shatner, and other celebrities, shouldn't expect any free rides into space.

The space tourism enterprise is already taking reservations for flights, which could begin next year.

But it's become clear that the actor who played Captain James T. Kirk, perhaps the world's most famous fictional spaceman, is not among the

440 people from 40 countries planning to go up.

"William Shatner has said that he's scared to go into space and it's quite ironic really when you think of his career," company founder Sir Richard Branson told The Canadian Press. "And, like most celebrities, he would like a freebie."

The cost of a seat is \$200,000 US.

The 80-year-old actor recently admitted he did not want to boldly go anywhere beyond the Earth's atmosphere.

Branson suggested the Star Trek actor is in the minority. "Most people are unlike William Shatner. I would say nine out of 10 people — if they could afford it — would love to go into space." THE CANADIAN PRESS

All that glitters at MMVAs

► Lady Gaga opened the show while scaling a three-storey fire escape
► Other performers included Avril Lavigne, Bruno Mars, Simple Plan

Lady Gaga kicked off last night's MuchMusic Video Awards with a performance of Edge of Glory — but the show had already received a jolt of star power in the form of teen-pop titan Justin Bieber.

The 17-year-old shocked the frenzied fans lining the show's red carpet when he arrived in a nondescript SUV. Many of the screaming teens who clogged blocks of downtown Toronto on a warm evening broke into tearful shrieks upon spotting the superstar, who had not been scheduled to appear.

"It's great to be here with all the fans in my home country," said Bieber, clad in a pink blazer, white graphic T-shirt and jeans, with a pink scarf hanging from his back pocket.

His girlfriend, friend, Disney actress Selena

Gomez, co-hosted the show, and Bieber carried two nominations into the evening. Asked who he was excited to see, he was coy.

"I am most excited to see Selena perform tonight — I like her song, it's a great song," he said, before discussing an upcoming acting project he's developing with Mark Wahlberg.

"I'm really excited because it's able to demonstrate my athleticism," he said, before confirming that the project would be "basketball-related."

Down With Webster nabbed the award for best pop video and marvelled as they hoisted the trophy — a nearly five-kilogram block of aluminium alloy. "It's heavy!" pointed out the band's MC, Cam Hunter.

Irish actor Colin Farrell, meanwhile, didn't need anything elaborate to make an entrance — he rolled up in a plain SUV, clad in jeans and a light denim button-down.

"Toronto's become a bit of a home away from home for me," he said during an interview with Much VJ Sarah Taylor.

THE CANADIAN PRESS



► Justin Bieber and girlfriend Selena Gomez stand on stage during the MMVAs.



► Bruno Mars



► Lady Gaga kicks off the MMVAs.



► Fefe Dobson on the red carpet.

2
scene

Box office



Ryan Reynolds is the latest superhero to rule the weekend box office. Green Lantern debuted at No. 1 with \$52.7 million, a fair but unremarkable opening stacked up against other comic-book adaptations. The previous weekend's top flick, Super 8, slipped to No. 2 with \$21.3 million.

THE ASSOCIATED PRESS



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Megan Fox still super smitten with her hubby

► Couple planning to renew their wedding vows in Hawaii ► Actress says Brian Austin Green's sensitive ways have helped transform her

Megan Fox admits her and husband Brian Austin Green's visit to Hawaii this month could lead to the couple renewing their vows — something she wouldn't have considered before.

"I didn't think that I was into it until my relationship with Brian," she tells E! News.

"He's very sensitive and very emotional. He's a Cancer so he's very all about feelings and relationships and he cries about everything. He'll want to do it, so I'll do it for him."

Fox also revealed plans for a swim with dolphins during the trip, despite Green's reservations. "My husband is terrified of



► The couple got married on June 24, 2010, in a small, private ceremony held at the Four Seasons hotel on Hawaii's Big Island.

sharks but we're going to do it anyway," she says.

"I didn't used to be

[scared of sharks], but I am now because of him. His fear is so intense, it's

smothered me and now I'm afraid."

● METRO



► Ashley Greene

Twilight star romanced in NY

Gerard Butler is reportedly pulling out all the stops to woo Twilight star Ashley Greene, according to Us Weekly.

The pair were spotted together at an event in New

York recently, where Butler "had a hand on her shoulder and leaned in to her. He really turned on the charm," according to a source, who also claims Butler was spotted with his

hand on Greene's rear.

The 300 star reportedly spent the night ordering Greene's drinks for her and entertaining her with a rendition of Journey's Don't Stop Believing. ● METRO

Witherspoon 'shows her age'

While Reese Witherspoon's advice to young starlets at the MTV Movie Awards about avoiding reality shows and sex tapes may have been meant as a joke, but Girls Gone Wild impresario Joe Francis thinks the Oscar-winning actress was "showing her age by making those comments," according to Popeater.

"I just think that Reese needs to rethink what she said," Joe says.

"Once you have a sex tape, you become a sex symbol ... Look at Marilyn Monroe. Had she never done that Playboy cover, we wouldn't be talking about her right now."

● METRO



► Reese Witherspoon

Keanu pens a bit of a sad read

Keanu Reeves has taken up the written word, starting with a book called Ode to Happiness — but the text is anything but sunny, including lines like, "I draw a hot sorrow bath. In my despair room."

Interested readers can get the book for \$55 online. ● METRO



► Crystal Harris and Hugh Hefner got engaged in December of last year.

July's Playboy features Hef's 'runaway bride'

Hugh Hefner's ex-fiancée, Crystal Harris, called things off so close to their wedding day that Hefner didn't even have time to change the cover of the latest issue of Playboy, featuring Harris with the headline Introducing Mrs. Crystal Hefner.

So what's a publisher to

do? "Recent events call for a special sticker on the July cover. Look for it on newsstands," Hefner posted on Twitter.

The issue was published with the original cover, but with a bright red sticker reading, Runaway bride in this issue!

● METRO

Celebrity tweets



"I'm going to be a politician. I'm running for public office. I will be announcing soon. #Muniz2016"



@frankiemuniz

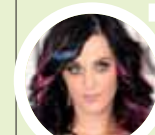
@BarRefaeli

"I broke my arm. And I'm annoyed! Boooooo"



@hughhefner

"Anna, the girls & I watched Adam Sandler & Drew Barrymore in 50 First Dates tonight."



@katperry

"tonight I dye my hair a different color... Can you guess which color?!"

Aguilera raking it in on TV show

It's apparently costing NBC a pretty penny to get Christina Aguilera on TV, as the singer is reportedly earning \$225,000 an episode for her work as a judge on The Voice, according to the Hollywood Reporter.

Her fellow judges aren't so lucky though, as Cee Lo



► Christina Aguilera

Green, Adam Levine and Blake Shelton are said to be pulling in \$75,000 an episode. ● METRO

The divorce syndrome

► Earlier this month, researcher Hyun Sik Kim of the University of Wisconsin-Madison, released an eye-opening study ► Children of divorced parents often fall behind their classmates in math and social skills ► We talk to Kim about the possible long-term impact



SAM CASTONE
LIFE@METRONEWS.CA

METRO WORLD NEWS

You studied children during the first two years after the divorce. Why is that period so crucial?

I studied that period mainly due to data availability — information was available only up to spring of fifth grade, although now, information up to eighth grade is available, which enables me to extend my analyses. But one of the main controversies around divorce is whether children of divorce catch up with children from intact families some time after divorce. That's why it was very important to examine development of children of divorce after divorce occurs.

What surprised you the most?

That I failed to find negative impacts of divorce in the pre-divorce stage. People tend to think that couples go through intense marital conflict before they decide to divorce — otherwise why choose to divorce? And it's widely accepted that children under parents' marital discord experience devel-



► "Children of divorce would not want others to know," researcher Hyun Sik Kim says.

opmental setbacks, such as retardation in cognitive skills and high frequency of problem behaviours. However, my study finds that there is no differential growth in the pre-divorce stage.

Yet you found their social skills were stunted?

I found that children of divorce lagged behind children from intact families in the growth of interpersonal social skills in the during-divorce stage. Why, I can only speculate. One possibility is that children of divorce go through

emotional problems, which is consistent with my finding that children of divorce experienced problems in internalizing their problem behaviours. Another reason may be related to stigma attached to parental divorce, so that children of divorce would not want others to know their own situations, which may lead to less frequent interactions with others. It should also be added that these behaviours were reported by teachers.

Do you have any good news

for children of divorce?

I found that development of children of divorce did not worsen in the post-divorce stage even though they did not catch up with children from intact families. In other words, children of divorce developed as similarly as children from intact families in the post-divorce stage.

Divorce is so common these days. Do you think, eventually, anti-social behaviour and low math scores will be the norm for most kids? In other words, will we have to redefine what we expect from

Rising trends

The American Academy of Matrimonial Lawyers often polls its members about what they've seen or done lately. Here's what they said.

- 81% Of those polled said they use social media evidence (like Facebook posts) to help win a divorce case for clients.
- 48% Have seen a spike in couples going to court, rather than settling civilly.
- 40% saw a downturn in their business three years back, when the recession hit and folks put divorces on hold.

3
life

App of the week

Kick to Pick

Of the many dumb apps for prospective parents, this is one of the dumbest — and the most fun. You scroll through a list of names, put the iPhone over your belly and wait for the baby to make a move. It'll stop on his or her "selection." Barely works, but it's a nice database of names anyway.

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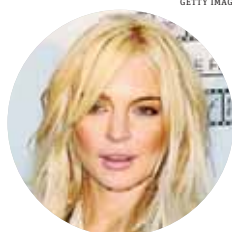


CELEBS WITH DIVORCED PARENTS: HOW DID THEY TURN OUT?



BARACK OBAMA

- Stanley Ann Dunham met Barack Obama Sr. in a Russian-language class in Hawaii. They married a year later, in 1961, but divorced in 1964, after he moved on to Harvard. They had one son: Barack Jr. He did drugs in high school but otherwise turned out all right.



LINDSAY LOHAN

- Her divorced parents, Dina and Michael Lohan, appear in the media frequently to discuss their fractured family, blaming their daughter's struggles on their breakup. The in-and-out-of-rehab actress is currently under house arrest after a shoplifting conviction.



RUMER WILLIS

- The 22-year-old daughter of Bruce Willis and Demi Moore, who divorced in 2000, became a successful television and film actress (The House Bunny and 90210). She is also notable for surviving her new stepfather: Ashton Kutcher.



MICHAEL PHELPS

- After his parents split in 1992, the Olympian lived with his mom and remains close. "The person I love the most is sitting in the front row — my mom — for everything she's done," he said at the Beijing Olympics. Meanwhile, he and he dad don't talk much.



From whittling to knitting, men can bring their own sensibility to crafts.

Say 'cheese' in the kitchen

► This uniquely Canadian Maple Cheddar Spread and Classic Swiss Cheese Fondue are great choices for appetizers when entertaining guests



BOTH PHOTOS: THE CANADIAN PRESS H/Q

► This recipe makes enough fondue to serve six.

Preparation:

1 Rub inside of fondue pot with garlic clove. Pour in wine and bring to a boil; reduce to low heat. Add Emmenthal and Gruyere cheeses. Stir gently in a figure-eight pattern to avoid lumps. Add drops of lemon juice if cheese does not blend in easily.

2 Mix together cornstarch and kirsch until smooth; stir into cheese mixture. Season with pepper and nutmeg while stirring

until smooth.

3 Place fondue pot over tabletop burner and serve with bread.

4 Using fondue forks, dip bread cubes in fondue. Stir occasionally to keep fondue smooth. When fondue pot is nearly empty, layer of lightly browned cheese will form on bottom. Scrape with wooden spatula for real connoisseurs.

THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA

Ingredients:

- 1 garlic clove, peeled
- 250 ml (1 cup) dry white wine
- 300 g (10 oz) Emmenthal cheese, diced
- 300 g (10 oz) Gruyere

cheese, diced

- Juice of half lemon
- 15 ml (1 tbsp) cornstarch
- 50 ml (1/4 cup) kirsch
- Ground pepper and nutmeg, to taste
- 1 fresh large baguette, cubed

Maple Cheddar Spread



Preparation:

1 Using large holes of a box-cheese grater, grate apple and squeeze out juice; set grated apple aside.

2 In bowl, using hand mixer, beat cream cheese and cream until smooth. Stir in grated apple, cheese, maple syrup, chives, mustard and garlic; combine.

3 Cover and refrigerate for at least 1 hour to blend flavours. Transfer to serving container, garnish with chives and apple slices. Serve with crackers or celery.

Ingredients:

- 1 red apple, cored
- 1/2 cup (125 mL) cream cheese, softened
- 1/3 cup (75 mL) 10% half-and-half cream
- 1/2 cup (125 mL) shredded extra-old cheddar
- 1 tbsp (15 mL) pure maple syrup
- 1 tbsp (15 mL) chopped fresh chives
- 1/2 tsp (2 mL) Dijon mustard
- 1 small clove garlic
- Chives and apple slices
- Crackers or celery sticks

THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA

Mu Shu with a turkey twist

► This version of the Chinese classic calls for a veggie and turkey stir-fry ► It's ready in less than 30 minutes

Mu shu is a Chinese dish with stir-fried vegetables and, in this version, ground turkey. It is served wrapped in lettuce leaves. This a wonderful meal that can be ready in 25 minutes from start to finish.

Preparation:

1 In a pan set at medium, heat oil. Add garlic and green onions and sauté, 3 minutes. Add turkey and cook until starting to brown.

2 Add mushrooms, bok choy, water chestnuts and red pepper. Cook until vegetables are tender. Add remaining ingredients except lettuce, mixing until combined. Sauté until napa cabbage is wilted and mixture is heated through.

3 To serve, set out a platter of lettuce leaves and bowls of mu shu turkey and extra hoisin sauce.

Ingredients:

- 15 ml (1 tbsp) oil
- 1 clove garlic, minced
- 2 green onions, chopped
- 500 g (1 lb) ground turkey
- 250 ml (1 cup) sliced mushrooms
- 250 ml (1 cup) chopped bok choy
- 125 ml (1/2 cup) sliced water chestnuts
- 125 ml (1/2 cup) thinly sliced red pepper
- 250 ml (1 cup) chopped napa cabbage
- 50 ml (1/4 cup) hoisin sauce, plus extra for leaf wrappers
- 15 ml (1 tbsp) soy sauce
- 10 ml (2 tsp) sesame oil
- 5 ml (1 tsp) five spice powder
- 12 whole lettuce leaves, washed and dried

Let diners spoon the turkey mixture and hoisin sauce into lettuce leaves and roll up.

THE CANADIAN PRESS/ ONTARIO TURKEY FARMERS



► This recipe makes four servings.

THE CANADIAN PRESS H/Q

Turning others on to offsetting

► Canadian company helping save African lives with a CO2 cuts program ► Find out what you can do to help

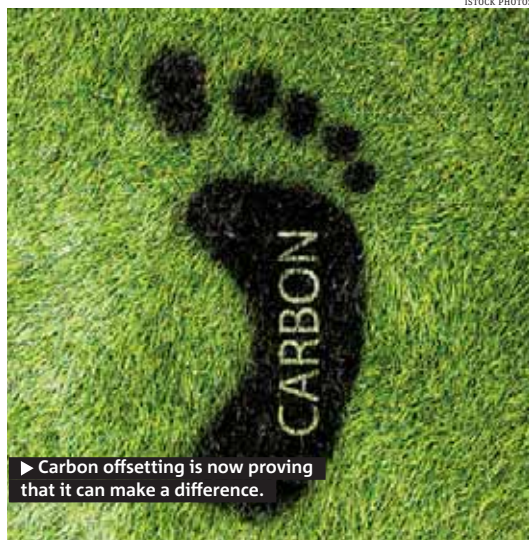


Carbon offsets — money paid by eco-conscious companies for carbon emissions they have not been able to reduce — are now being used to save lives in the developing world.

Offsetters, a Vancouver-based provider of carbon-management solutions, has become the first Canadian company involved in offering a high-quality cookstove program in Africa.

"The big appeal of these projects is that the carbon benefits are very clear," says James Tansey, CEO of Offsetters. "The side benefits of doing this are, in some ways, even more important."

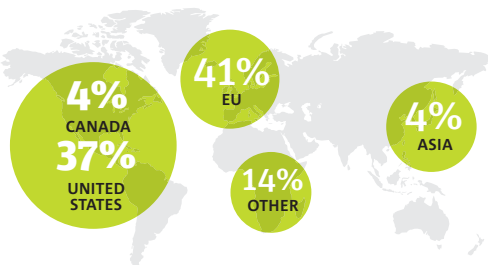
The new stoves are



bound for Uganda, where most cooking is done indoors, burning wood, garbage or whatever waste materials are available. This is such a dirty

Carbon data

Who's buying carbon offsets? World-wide data for 2010:



method, installing the new stoves will be like removing 4,000 cars from the world's roads. The potential health benefits are startling.

"Indoor air quality is one of the largest causes of child mortality — more significant than malaria," Tansey notes. "So this proj-

ect leads not only to reductions, but also very significant improvements in health and well-being."

This is green policy at its best. A world-wide effort to reduce CO2 emissions in the air — through the purchase of carbon offsets — leads directly to safer, longer lives in Africa.

"For these kinds of projects, companies that are reducing their emissions within their operations put a price on carbon," explains Tansey.

"They're paying maybe \$20 a ton for the carbon emissions they can't reduce. That money is then pooled, and used to subsidize the cost of the cookstoves."

Offsets come in two kinds: a voluntary market, and one demanded by eco-friendly legislation.

"The global market is around \$113-million in voluntary transactions. The regulated market, which is also something we work in — particularly in Europe — is hundreds of millions of dollars in transactions."

For more information, visit offsetters.ca.

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Her age ain't nothing but a number

► She's one of the MVPs of her office and is getting ready to embark on a new life adventure ► Oh, and she's 79

TURNING POINT

TERESA KRUIZE
LIFE@METRONews.ca



They call her Dynamo Betty.

At the age of 79, Betty Ford is one of the top sales people at ArrKann RV and Trailer in Edmonton and is showing no signs of slowing down.

Ford has worked since she was 13 years old in numerous office and sales



► Betty Ford is showing no signs of slowing down.

jobs.

She taught Dale Carnegie courses and sold

high-end condos. She was 69 when a former sales manager gave her a call.

"Ford, you're dying on the vine." Betty recalls him saying. "I want you

come and sell RV's with me." Now after 10 successful years at her job Betty is facing another turning point in life. She promised ArrKann she'd stay with them until she turned 80. With her birthday in August fast approaching she is now planning on moving to Courtney, B.C. to be closer to her family. Does that mean she'll quit work?

"I already have four job offers," Betty tells me with a chuckle. "I'm going to miss all my friends but there's a whole new adventure out there and I'm going to find it."

Go get 'em, Dynamo Betty.

Betty's advice

An Octogenarian's View on Life and Work

- I don't even understand the concept of age or retiring. I think life is an adventure and you should go with it.
- Find something you want to do and make sure you like it.
- Have confidence in yourself and be honest with others.
- Don't worry about life so much. It'll sort itself out.

Meet the man with the iron wardrobe

► Metro chats with Wang Kang, a 25-year-old whose slightly unorthodox office attire is causing quite the stir

An ordinary office day may be boring, but it might cheer you up when you find out that your colleague is a superhero. A telecoms company employee, Wang Kang stunned his office colleagues and boss in Shanghai, China, when he strutted into the office in his homemade Iron Man suit on June 3.

Wang, age 25, told Metro that his Iron Man MK 1 suit is made of high-density foam, wires and tubes and then painted the colour of aged iron. It took three months and 3,000 yuan (\$465) to finish this 50 kg armor costume.

What inspired you to make this Iron Man suit? I have been a crazy fan since the first Iron Man film was released in 2008, and I like doing handmade stuff. I thought it would be so cool if I could make Iron Man armor so simply. Maybe I just wanted to be cool at the beginning. But it's much cooler than I thought after I finished it.

How did you feel when you walked into the office like that? I felt so cool and excited when I walked into the office with this Iron Man suit on, and some of my colleagues didn't recognize

me and even got scared of me. It was great fun that people saw me as if I was a real superhero. Then I was so happy that everyone praised my effort, even my boss complimented me.

Has this Iron Man suit changed your life? I never thought I could be famous because of it, now I have become very busy replying to all kinds of emails and messages from my own fans, which I enjoy. In fact many women want to know me and be my girlfriend, because they think I am a creative and interesting guy. And the

other day, I received an email from The Embassy VFX Team, the visual effects company that created the Mk 1 sequence for Iron Man film. They think I am great to make such a suit, that was just an incredible experience.

How long does it take to put this suit on? Is it easy to move in this suit? With someone's help, it takes about four or five minutes to put it on. It has a skeleton-like frame inside, so it is not so heavy to move. I can't dance but I can go to the toilet by myself with this suit on.

● METRO



► Get out of the way, Iron Man's coming to the office!

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When 'hey bud' turns into 'hey boss'

► A promotion can be painful when the lucky employee loses friends over the switch ► Here's how to handle it



DREW HINSHAW
LIFE@METRONews.ca

It's hard to say who to feel sorrier for: the co-worker who misses out on a big promotion, or the unlucky knave who gets it.

Officemates who watch their old friend move up a floor often lose hope, career counsellors note — as if their career is dogpaddling in place. But the newly-crowned boss? They lose friendships, embark on a life of solitary lunches without that exhilarating spirit of workplace camaraderie.

"Most everyone does it wrong, and it becomes a total disaster," executive coach Cynthia Shapiro says. "You lose all your friends. It's a serious issue and it's very common."

But it doesn't have to be. Here's how to handle that transition when one workplace pauper becomes the new company prince.

Going from Worker to Boss

New boss task number one, Shapiro says, isn't to



► It's fine to climb the corporate ladder, but just make sure you don't fall down.

strongarm your old equals into respecting — or worse, fearing — you. It's to make them comfortable with the uneasy arrangement.

"Don't come in and tell them what to do — you're

not above them," she cautions. "The first thing you want to do is ask 'What can I do for you? What can be done better? What can I do to make your work better?' Make sure they know you advocating for

them." That doesn't mean, however, that you should get too chummy.

"You don't want to be on either end of the spectrum," says Meredith Haberfeld, founder of the Institute for Coaching. "Don't be getting drunk after work with who used to be your peers or start acting like you're above them. Be yourself."

And don't downplay your promotion, either, she adds.

"Fake humility is thin

veneer, and people can see right through it."

When Your Friend Becomes the Boss

Watching an old pal become your overseer can boil up a pot of resentments, Shapiro notes, but it really shouldn't.

"Your friend is now the person in charge of whether you get a raise, what your job security is like," he says. "That's a great place to be."

Make sure you express that, too, she adds.

"You definitely always want to say 'I'm really happy for you,' just so they know you're not feeling threatened," she states.

And if you are feeling threatened? Grow up.

"Keep your eye on the prize," Haberfeld says. "Give yourself one week-end to go have a drink, be pissed off, talk to your family, and then wrap it up in a bow and leave it alone."

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'How 'bout adding on another zero'?

► You've landed your first big gig but the salary isn't suiting you ► Do you keep your mouth shut or negotiate?

Jobs can be hard to come by, especially for recent college or university graduates with limited experience. So what happens when that first offer comes in and the salary or benefits aren't quite what you expected?

Many people's inclination is to accept it anyway.

"Given the job market, there's not much available. People are really excited to get anything," said Jillian Berman, who graduated from the Uni-

"Get the job, go to work and prove yourself. Then ask for a raise because of your track record."

JOHN CHALLENGER, CEO

versity of Michigan this spring and has a paid internship this summer with a news outlet.

Taking what's offered is the safe route for those entering the job market for the first time.

"Employers these days are feeling a little bit of entitlement," said Robert Orndorff, associate director of Career Services at Pennsylvania State University.

Each student's situation is different, of course, and the first thing career counsellors do when a student comes in with a job offer is to ask a lot of questions, Orndorff said. How badly does the student really want this position? Does it match their values? Is it something they'd love to do? Are there any other job prospects? Are they willing to move back in with mom and dad if this offer falls through? How much risk is the stu-

dent willing to take?

As for negotiations, "There's not going to be a lot of room if there isn't a lot of experience," cautioned Jack Chapman, author of *Negotiating Your Salary: How to Make \$1,000 a Minute* (Mount Vernon Press).

But that doesn't necessarily mean you shouldn't try, depending on how much risk you can tolerate.

Those willing to take a risk often take a hard line: I'd like the job, but I need more money. The danger is that the employer can just turn to other candidates, Orndorff said.

At Penn State, he said, students generally are advised to pursue a softer approach, telling the employer they intend to take the job but would like to be paid more, and then outlining the reasons. Be specific, he advised. Previous experience and the demand for workers in a given field are some of the factors that may be considered.

A third option is for students to ask a potential employer if they'd be willing to reconsider salary after six months or so. John Challenger, CEO of the outplacement firm Challenger, Gray and Christmas, calls that a "very reasonable approach."

"Get the job, go to work and prove yourself," he said. "Then ask for a raise because of your track record."



Zhenya Yoder, Bechtel Corp.'s manager of global compensation, said it's rare to see recent graduates try to negotiate starting salaries.

If they do, "we'll listen to what the potential hire

has to say." But she said Bechtel's salaries are competitive with others in the industry, and it's rare they'd say yes. "We believe that in our industry, we're an employer of choice," she said.

However, she said, there are other kinds of compensation besides salary, such as relocation costs. "We sometimes entertain special situations such as that," she said.

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Web wisdom

There are a number of salary surveys available on the web.

- For example, the National Association of Colleges and Employers reports by job on salaries offered to each year's graduating class.
- The survey this year found that liberal arts graduates received average offers of \$39,527, while the average offer to engineering majors was \$59,856. For all majors, the average salary offer was \$50,462, up 5.9 per cent from the previous year.

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Major domination by McIlroy

Irishman erases Masters collapse, wins U.S. Open in record fashion

Every time Rory McIlroy lined up a shot yesterday, there was some sort of record on the line, some kind of history to be made.

That was this year's U.S. Open version of suspense. There was never any doubt that the kid from Northern Ireland was going to win it.

In complete control of his emotions and his game, McIlroy never slipped. He won his first major championship by shooting a 2-under 69 at Congressional and closed his four-day onslaught at 16-under 268, eight shots ahead of Jason Day and four shots better than the U.S. Open scoring record formerly held by four players, including two named Woods and Nicklaus.

After the final tap-in, Gerry McIlroy met his son as he walked off the green.

"Happy Father's Day," the new champion said.

Happy Father's Day, indeed.

All week, McIlroy's performance was compared to Tiger Woods' 15-shot blowout at Pebble Beach in 2000.

"I was trying to go out there today and emulate him in some way," McIlroy said. "I played great for four days and I couldn't be happier."

The win comes two months after a collapse so thorough some wondered if McIlroy could recover. He took a four-shot lead into the final day of the Masters, but after hitting his 10th



"I think this kid's going to have a great career. I don't think there's any question about it. He's got all the components."

GOLF LEGEND JACK NICKLAUS
IN AN INTERVIEW WITH NBC

tee shot near a cabin on the grounds of Augusta National, he melted down, shot 80 and finished 15th.

His shot on the 10th hole yesterday wasn't comparable. On the 214-yard par-3, a downhill shot over water, McIlroy knocked the ball above the hole, then watched as it stopped for a split second and started spinning backward before stopping an inch or two from the hole.

He tapped in for a birdie that got him to 17-under par at a tournament that had never seen a score lower than 12 under before Friday.

"That was the point in the round that I really felt it was mine to lose," McIlroy said.

McIlroy now owns the scoring records for 36, 54 and 72 holes at the toughest test in golf and he became only the third player to break 70 in all four rounds of the U.S. Open.

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► Rory McIlroy hoists the U.S. Open trophy yesterday.

Canada's Findlay wins yet another triathlon

Edmonton's Paula Findlay edged Helen Jenkins by four seconds to win the triathlon world series event in Kitzbuehel, Austria, yesterday and extend her lead at the top of the overall standings.

Findlay finished in 2:05:52.

"I'm thrilled again. Wow, that was a real hard race. I was running maximum the

whole way," she said.

Findlay had emerged from the swim more than a minute down on the leaders, Jenkins and Sarah Haskins. She caught Jenkins at the end of the fourth bike leg.

Findlay leads the world series with 2,400 points. The win is her fifth in six races over the last 11 months. THE ASSOCIATED PRESS



► Paula Findlay celebrates yesterday.

Sports in brief

Cards' Pujols leaves game with injury

MLB. St. Louis Cardinals first baseman Albert Pujols was hurt on a play at first base yesterday against the Kansas City Royals. He went down while trying to tag Wilson Betemit. He will be further evaluated today.

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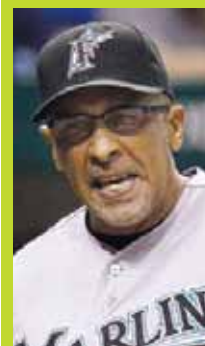
Police accused of shocking Serbian striker

RUSSIA. Zenit St. Petersburg yesterday accused riot police of zapping Danko Lazovic with an electric shock as he tried to throw his shirt into the stands during a match. Footage shows the Serbian being approached by police officers as he moved toward the away fans in the match Saturday.

THE ASSOCIATED PRESS

4
sports

Quoted



"Edwin talked to the staff this morning. It's been a roller-coaster, let's put it that way, the past few weeks. It's disappointing. Edwin is a good man and a good manager. I thought our guys handled it well."

FLORIDA MARLINS BENCH COACH BRANDON HYDE, WHO TOOK ON THE ROLE OF MANAGER AFTER EDWIN RODRIGUEZ, PICTURED, UNEXPECTEDLY RESIGNED FROM THE POSITION YESTERDAY.

THE MARLINS' LOSING STREAK EXTENDED TO 10 GAMES AFTER A 2-1 LOSS TO THE TAMPA BAY RAYS.



Scan code for more sports.

MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION	W	L	Pct	GB
Boston	43	28	.606	—
New York	40	29	.580	2
Tampa Bay	39	33	.542	4½
Toronto	36	36	.500	7½
Baltimore	32	37	.464	10

CENTRAL DIVISION

	W	L	Pct	GB
Cleveland	39	31	.557	—
Detroit	39	33	.542	1
Chicago	35	38	.479	5½
Minnesota	31	39	.443	8
Kansas City	31	41	.431	9

WEST DIVISION

	W	L	Pct	GB
Texas	38	35	.521	—
Seattle	37	35	.514	½
Los Angeles	35	38	.479	3
Oakland	33	40	.452	5

INTERLEAGUE

Saturday's results

Washington 4 Baltimore 2
N.Y. Yankees 4 Chicago Cubs 3
Texas 5 Atlanta 4 (10 ings)
Cleveland 5 Pittsburgh 1
Tampa Bay 7 Florida 4
N.Y. Mets 6 L.A. Angels 1
Milwaukee 4 Boston 2
Minnesota 1 San Diego 0
Toronto 4 Cincinnati 0
St. Louis 5 Kansas City 4
Chicago White Sox 6 Arizona 2
Colorado 5 Detroit 4
Oakland 4 San Francisco 2
Philadelphia 5 Seattle 1

Yesterday's results

Cleveland 5 Pittsburgh 2 (11 ings)
Minnesota 2 N.Y. Mets 3
Cincinnati 2 Toronto 0
Baltimore 7 Washington 4
Boston 12 Milwaukee 3
Atlanta 4 Texas 2
Tampa Bay 2 Florida 1
Minnesota 5 San Diego 4
St. Louis 5 Kansas City 4
Detroit 9 Colorado 1
Oakland 2 San Francisco 1
Chicago White Sox 8 Arizona 2
Seattle 2 Philadelphia 0
N.Y. Yankees at Chicago Cubs
Tonight's games
Baltimore (Arrieta 8-4) at Pittsburgh (Morton 7-3), 7:05 p.m.
Colorado (Nicasio 2-1) at Cleveland (Carmona 4-8), 7:05 p.m.
L.A. Angels (Weaver 8-4) at Florida (Ani.Sanchez 6-1), 7:10 p.m.
N.Y. Yankees (Nova 6-4) at Cincinnati (Cueto 4-2), 7:10 p.m.
San Diego (LeBlanc 0-2) at Boston (Miller 0-0), 7:10 p.m.
Toronto (R.Romero 6-6) at Atlanta (T.Hudson 5-6), 7:10 p.m.
Houston (Happ 3-8) at Texas (D.Holland 5-2), 8:05 p.m.
Chicago Cubs (Zambrano 5-4) at Chicago White Sox (Floyd 6-6), 8:10 p.m.
Tampa Bay (Niemann 1-4) at Milwaukee (Narveson 4-4), 8:10 p.m.
Detroit (Penny 5-5) at L.A. Dodgers (Kershaw 6-3), 10:10 p.m.

NATIONAL LEAGUE

EAST DIVISION	W	L	Pct	GB
Philadelphia	45	28	.616	—
Atlanta	40	33	.548	5
New York	35	37	.486	9½
Washington	35	37	.486	9½
Florida	32	40	.444	12½

CENTRAL DIVISION

	W	L	Pct	GB
Milwaukee	40	33	.548	—
St. Louis	40	33	.548	—
Cincinnati	38	35	.521	2
Pittsburgh	35	36	.493	4
Chicago	29	41	.414	9½
Houston	27	46	.370	13

WEST DIVISION

	W	L	Pct	GB
San Francisco	39	33	.542	—
Arizona	39	34	.534	½
Colorado	35	36	.493	3½
Los Angeles	32	41	.438	7½
San Diego	30	43	.411	9½

Yesterday's result

L.A. Dodgers 1 Houston 0

Saturday's result

Houston 7 L.A. Dodgers 0

Tomorrow's game

Philadelphia at St. Louis, 8:15 p.m.

AMERICAN LEAGUE

REDS 2, BLUE JAYS 1

Toronto	ab	r	h	bi	Cincinnati	ab	r	h	bi
Yesor ss	4	0	1	0	Stubbs cf	4	0	0	0
CPTsrn cf	4	0	0	0	BPhillips 2b	4	0	0	0
Baustirt rf	4	0	1	0	Votto 1b	4	1	3	0
Lind 1b	4	0	0	0	Bruce rf	4	0	2	0
A.Hill 2b	4	1	1	1	Cairo 3b	4	1	1	2
JRvier lf	2	0	1	0	Flewis lf	3	0	2	0
Arenici c	3	0	1	0	Corder p	0	0	0	0
JMcDnl 3b	2	0	0	0	Renteria ss	4	0	0	0
Encnc ph	1	0	0	0	Janish ss	0	0	0	0
McCoy 3b	2	0	0	0	Hanigan c	3	0	0	1
CVilliv p	0	0	0	0	Arroyo p	3	0	0	0
RDavis ph	1	0	0	0	Heisey lf	0	0	0	0
Raczyp p	0	0	0	0					
Dotel p	0	0	0	0					

Totals 31 1 5 1 Totals 33 2 9 2

Toronto 000 010 000 1

Cincinnati 000 002 00x 2

DP—Cincinnati 1, LOB—Toronto 4, Cincinnati 8, 2B—Bruce (11), F.Lewis (5), HR—A.Hill (3), Cairo (3), SB—Bruce (6).

Toronto IP H R ER BB SO

C.Villanueva L, 4-1 7 7 2 2 0 3

Rzaczypski 1-3 2 0 0 0 0

Dotel 2-3 0 0 0 0 1

Cincinnati

Arroyo W, 6-6 8 5 1 1 1 5

Cordero S, 15-17 1 0 0 0 0 0

Umpires—Home, Dan Iassogna; First, CB Bucknor; Second, Jerry Meals; Third, Dale Scott. T—2:25. A—32,618 (42,319) at Cincinnati.

CALENDAR

July 12—All-Star game, Phoenix.

July 24—Hall of Fame induction, Cooperstown, N.Y.

July 31—Last day to trade a player without securing waivers.

Aug. 15—Last day to sign selections from 2011 amateur draft who have not exhausted college eligibility.

Sept. 1—Active rosters expand to 40 players.

Sept. 30 or Oct. 1—Playoffs begin.

Oct. 19—World Series begins.

November—Free agent period to sign exclusively with former teams, first 15 days after World Series ends.

GOLF

U.S. OPEN

At Bethesda, Md.

Par 71

Final Round

(a-amateur)

Rory McIlroy, \$1,440,000
Jason Day, \$865,000
Kevin Chappell, \$364,241
Robert Garrigus, \$364,241
Lee Westwood, \$364,241
Y.E. Yang, \$364,241
Peter Hanson, \$228,416
Sergio Garcia, \$228,416
Charl Schwartzel, \$192,962
Louis Oosthuizen, \$192,962
Brandt Snedeker, \$163,083
Heath Slocum, \$163,083
Davis Love III, \$163,083
Graeme McDowell, \$129,517
Webb Simpson, \$129,517
Bo Van Pelt, \$129,517
Matt Kuchar, \$129,517
Fredrik Jacobson, \$129,517
Johan Edfors, \$105,905
Steve Stricker, \$105,905
Ryan Palmer, \$97,242

a-Patrick Cantlay
Robert Rock, \$76,455
Gary Woodland, \$76,455
Retief Goosen, \$76,455
Dustin Johnson, \$76,455
Bill Haas, \$76,455
Brandt Jobe, \$76,455
Henrik Stenson, \$76,455
Ryo Ishikawa, \$50,436
Gregory Havret, \$50,436
Seung Yul Noh, \$50,436
Rory Sabbatini, \$50,436
John Senden, \$50,436
Dohoon Kim, \$50,436
Harrison Frazar, \$50,436
Zach Johnson, \$50,436
Kyung-Tae Kim, \$50,436
Adam Hadwin, \$41,154
Martin Kaymer, \$41,154
Sungchoon Kang, \$41,154
Sangmoon Bae, \$37,351
Lucas Glover, \$37,351
a-Russell Henley
Charley Hoffman, \$31,264
Luke Donald, \$31,264
Michael Putnam, \$31,264
Chez Weaver, \$31,264
Robert Karlsson, \$31,264
Padraig Harrington, \$31,264
Scott Piercy, \$24,708
Alexander Noren, \$24,708
Marc Leishman, \$24,708

J.J. Henry, \$21,792
Anthony Kim, \$21,792
Phil Mickelson, \$21,792
Matteo Manassero, \$21,792
Edoardo Molinari, \$21,792
Alvaro Quiros, \$21,792
Todd Hamilton, \$19,763
Justin Hicks, \$19,763
Marcel Siem, \$19,763
Bubba Watson, \$18,620
Brian Gay, \$18,620
Jeff Overton, \$18,620
Bud Cauley, \$18,620
Kevin Streelman, \$17,819
Alexandre Rocha, \$17,178
Christo Greyling, \$17,178
Kenichi Kuboya, \$17,178
Wes Hufferman, \$16,539
a-Brad Benjamin

65-66-68-69—268
71-72-65-68—276
76-67-69-66—278
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68-69-70-71—278
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70-70-72-69—281
71-70-70-70—281
70-71-70-70—281
70-74-69-69—282
75-71-66-70—282
76-67-68-71—282
72-68-69-73—282
74-69-66-73—282
70-72-74-67—283
75-69-69-70—283
69-72-73-70—284
75-67-70-72—284
70-71-76-68—285
73-71-73-68—285
73-73-71-68—285
75-71-69-70—285
73-73-69-71—285
71-70-73-69—285
70-72-69-74—286
74-70-74-68—286
77-69-71-69—286
74-70-73-71—286
72-73-70-71—286
70-72-72-72—286
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71-69-72-74—286
69-72-69-76—286
75-71-73-68—287
7

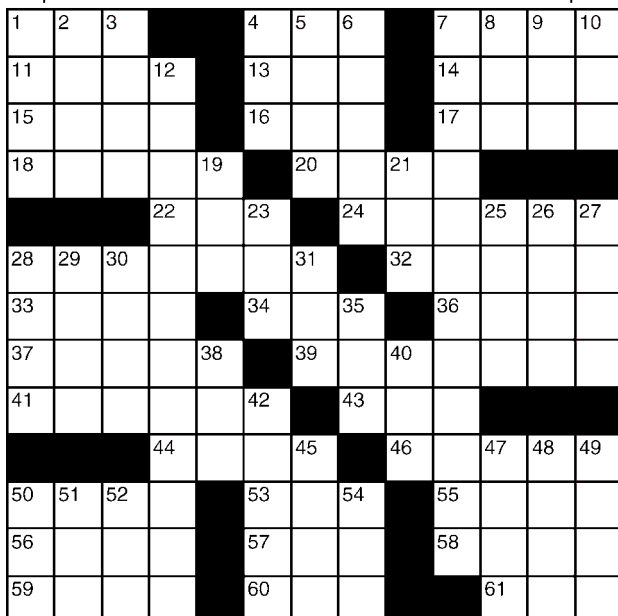
Crossword

Across

1 Energy
4 Method
7 Additionally
11 Destruction
13 Greek H
14 Middy
15 Sandwich cookie
16 Dickens pseudo-
nym
17 With 52-Down,
year-end fuel
18 Value
20 Versifier
22 Embrace
24 "Do unto — ..."
28 Custodian
32 Mannerly
33 "Once — a time"
34 Beavers' structure
36 Pleasant
37 Sill
39 Threw and caught
repeatedly
41 Ancient parlor
43 Showbiz job
44 Hippocratic, e.g.
46 Aristocratic
50 Sandwich shop
53 Once around the
track
55 Hebrew month
56 Revlon rival
57 Exist
58 Nintendo com-
petitor
59 Safecracker
60 Hot tub
61 Lair

Down

1 Front of a ship
2 Modern-day
money



3 Harbor structure
4 Symbol of intrigue
5 On
6 Mississippi river
7 Cole Porter musical
8 Gehrig of baseball
9 Scale member
10 Singleton
12 "Forget it!"
19 Shack
21 And so on (Abbr.)
23 Deity
25 Wicked
26 Wedding shower?
27 Coaster
28 Broadway com-

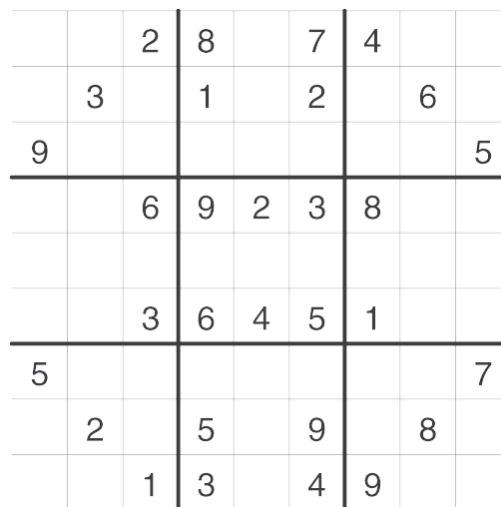
poser Styne
29 Pinnacle
30 Protuberance
31 British rule in
India
35 Beer vessel
38 Historic period
40 Martini ingredi-
ent
42 Book of maps
45 Angelic instru-
ment
47 Lost vital fluid
48 Olympic 27-Down
49 Verve
50 24 hours

51 First lady?
52 See 17-Across
54 Pod occupant

Friday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer



Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

true lov, you are my true love..i live just for you..you are the most beautiful woman i ever seen..no wonder i can't get enough of you..just stay strong and no stress at all..just relax..i love you and miss you..have a great day my love. kiss and hugs on your way.

LOSTINYOURLOVE

Nikita, Last Friday after work, the heat, the salad chicken, the ice capp, and the kisses make me feel love like never loved before. You ought to know by now how much I love you. Cant wait for Monday so I can see you again MIKE

Vince
Hope u are enjoying your daily read of the Metro...just wanted to say I love u and miss u sooo much. I can't wait until we see each other again. Love u forever xoxoxo LISA

Today's horoscope

♈ Aries March 21-April 20 Make your own troubles seem smaller today by helping family and friends deal with their difficult issues.

♉ Taurus April 21-May 21 You must not let personal feelings cloud your judgment today.

♊ Gemini May 22-June 21 What seemed simple yesterday will seem outrageously complicated today. Don't lose your cool.

♋ Cancer June 22-July 22 If you actually listen to criticism today, you might learn something that could save you future grief.

♌ Leo July 23-Aug. 23 Is there something you secretly feel guilty about? Do something about it.

♍ Virgo Aug. 24-Sept. 22 Strive to maintain an open and optimistic attitude. It's about perspective, make yours wide and deep.

♎ Libra Sept. 23-Oct. 23 Sometimes you just have to follow your instincts, so trust them — and act.

♏ Scorpio Oct. 24-Nov. 22 The more you try to move in one direction today, the more events will conspire to push you in another. Perhaps you should take the hint.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♐ Sagittarius Nov. 23-Dec. 21 What happens today will be removed from your usual experience. It may be difficult to make sense of.

♑ Capricorn Dec. 22-Jan. 20 Something will happen today that will encourage you to become a more tolerant human being.

♒ Aquarius Jan. 21-Feb. 18 You may find that your powers of persuasion let you down today.

♓ Pisces Feb. 19-March 20 If a friend suggests you do something unethical today, turn him or her down flat. **SALLY BROMPTON**

Caption contest



WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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08 Volvo C30

• Load, A/C, Auto
• st: 32010
• km: 43228

\$18,650

\$170***
Bi-weekly



08 LandRover LR2

• Hard Top, Load, Roof, Lthr
• st: 32155
• km: 83976

\$19,850

\$181***
Bi-weekly



07 Accord SE

• Load, A/C, Auto
• st: 31926
• km: 88855

\$12,740

\$116***
Bi-weekly



09 Benz B200 Turbo

• Load, A/C, Lthr, Auto
• st: 32148
• km: 40951

\$23,940

\$185***
Bi-weekly



07 Saab 9-3 Turbo

• Load, A/C, Roof, Lthr, Auto
• st: 32111
• km: 74163

\$14,820

\$135***
Bi-weekly



07 Lincoln MKZ

• AWD, Load, Roof, Lthr, Auto
• st: 32203
• km: 58500

\$18,820

\$171***
Bi-weekly



07 Miata MX-5 Coupe

• Convertible, Load, A/C, Auto
• st: 32058
• km: 56326

\$19,970

\$182***
Bi-weekly



GREAT VEHICLES UNDER

\$10,000

10 Mustang Convert

• Load, A/C, Auto
• st: 31839
• km: 53533

\$23,850

\$185***
Bi-weekly



07 Sienna CE

• Load, A/C, Auto
• st: 32216
• km: 91894

\$16,480

\$150***
Bi-weekly



07 Calibre SXT

• Load, A/C
• st: 31790
• km: 82291

\$8,780

\$80***
Bi-weekly



07 Montana SV6

• Load, A/C
• st: 31570
• km: 94151

\$9,370

\$85***
Bi-weekly



07 Matrix

• Std
• st: 31443
• km: 91796

\$8,850

\$81***
Bi-weekly



08 Saturn Astra EX

• Load, A/C, Std
• st: 31916
• km: 31337

\$9,980

\$91***
Bi-weekly



08 Mini Cooper

• Convert, Load, A/C, Lthr, Auto
• st: 32001
• km: 71698

\$16,870

\$154***
Bi-weekly



07 Camry LE

• Load, A/C, Auto
• st: 31960
• km: 94029

\$12,960

\$118***
Bi-weekly



09 Kia Rio

• Load, A/C, Std
• st: 31178
• km: 44890

\$9,960

\$81***
Bi-weekly



07 Caravan SXT

• Load, A/C
• st: 31931
• km: 83778

\$9,970

\$91***
Bi-weekly



09 PT-Cruiser

• Load, A/C, Auto
• st: 31807
• km: 59071

\$8,950

\$72***
Bi-weekly

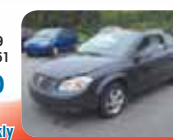


08 Pontiac G5 Coupe

• A/C, Auto
• st: 31249
• km: 68951

\$8,650

\$79***
Bi-weekly



08 Ford Escape XLT

• Load, A/C, Roof, Lthr, Auto
• st: 32184
• km: 67421

\$14,650

\$133***
Bi-weekly

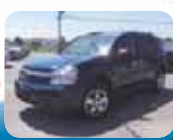


08 Equinox LS

• Utility, Load, A/C, Auto
• st: 32173
• km: 75205

\$13,840

\$126***
Bi-weekly



07 Sebring

• Load, A/C
• st: 31515
• km: 86262

\$9,680

\$88***
Bi-weekly



07 Ford Focus SE

• Load, A/C
• st: 31662
• km: 78401

\$6,980

\$64***
Bi-weekly



08 Corolla CE

• Load, A/C, Roof
• st: 32104
• km: 81859

\$9,960

\$91***
Bi-weekly



07 Nissan Versa S

• Load, A/C, Auto
• st: 32064
• km: 89744

\$9,820

\$89***
Bi-weekly



07 Freestyle SEL

• Load, A/C, Auto
• st: 31952
• km: 85238

\$13,840

\$126***
Bi-weekly



08 Mazda3

• Load, A/C, Auto
• st: 32192
• km: 96448

\$11,820

\$108***
Bi-weekly



07 Mazda5 GS

• Load, A/C
• st: 32208
• km: 71434

\$9,960

\$91***
Bi-weekly



08 Elantra

• Std
• st: 31585
• km: 87573

\$7,380

\$67***
Bi-weekly



07 Golf City

• Std
• st: 31531
• km: 74669

\$8,960

\$82***
Bi-weekly



07 Pontiac Vibe

• A/C, Std
• st: 32044
• km: 95204

\$9,650

\$88***
Bi-weekly



07 Patriot Sport

• Load, A/C, Auto
• st: 31996
• km: 76411

\$10,860

\$99***
Bi-weekly



10 Toyota Yaris

• Load, A/C, Auto
• st: 32076
• km: 50602

\$12,850

\$104***
Bi-weekly



08 Jeep Compass

• A/C, Auto
• st: 32141
• km: 65596

\$11,480

\$105***
Bi-weekly



07 Saturn VUE Utility

• Load, A/C
• st: 32179
• km: 47893

\$10,650

\$97***
Bi-weekly



08 Ford Ranger Sport

• Std
• st: 32152
• km: 74169

\$10,880

\$99***
Bi-weekly

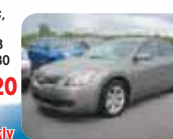


08 Altima 2.5S

• Load, A/C, Auto
• st: 32193
• km: 73130

\$13,820

\$126***
Bi-weekly



07 Mazda CX7 GS

• AWD, Load, A/C, Auto
• st: 29811
• km: 67352

\$15,840

\$144***
Bi-weekly



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